

To Patients undergoing Spine Surgery

Please read “Hospitalization Guide” pages 1 and 2, “Things to Bring for Your Hospitalization” and prepare items on the list.

Please prepare the following items by the day before your surgery

- Bath Towels - 2~3 (←Not required if you can get out of your bed on the day of surgery)
- T-Shaped Bandage or Tape-Type Diaper - 3
- Bendy Straw and cup – 1
- Dry Shampoo – 1 (←Only if you are going to have “Neck” surgery)



• 250 yen including tax



• 229 yen including tax



※ These are available at the FamilyMart on the 1st floor

You may purchase listed items in advance and bring them with you upon admission, or you may purchase them at the FamilyMart on the 1st floor of the hospital after admission.

The number of items may differ depending on your postoperative condition.

If additional items are needed, the staff will let you know.

5th Floor North Ward
Orthopaedic Surgery

(Revised April 2025)