

Information for Outpatient Surgery (Orthopaedic Surgery Outpatient Department)

Patient Name: _____

Your surgery is scheduled on _____.

Please come to the Orthopaedic Surgery Outpatient Reception by _____.

Please bring 【 Medicine Notebook (Okusuri-techo), Triangular sling 】 on the surgery day.

(If you have a pacemaker or ICD implanted, please bring your Identification Book)

【Before your Surgery】

- Please call the Orthopaedic Surgery Outpatient Department directly between 12:00 to 16:00 on (/) to reconfirm the time to come to the hospital, fasting, and medication.

⇒ 078-382-6930 (Orthopaedic Surgery Outpatient Department)

※If you call the hospital representative phone number, ask the operator to transfer the call to the Orthopaedic Surgery Outpatient Department.

【On the Day of Your Surgery】

- Please 【 fast / have the half amount of 】 breakfast on the day of your surgery.
※If you are taking hypoglycemic agent or insulin injections, please consult with us about your medication and meal.
- Please take oral medications 【 as usual / _____ 】 on the day of the procedure.
※If you are taking an anticoagulant (warfarin, aspirin, etc.), please inform us so that we can adjust the dosage.
- Please do not wear nail polish (hands and feet) or makeup on the day of the surgery.
- We ask you to wear a “name band” to prevent misidentification of the patient. Before we apply the name band on you, we will ask you to identify yourself.
- A nurse will take you to the operation room on the 3rd floor. We ask your family/friends to wait in the waiting area of the Orthopaedic Surgery Outpatient Department during your surgery.
- You will change into a surgical gown and put on a surgical hat in the changing room. (Please remove your upper body underwear. Please keep your lower body underwear on.) Please remove any jewelry, glasses, and dentures. Hearing aids may be worn. You can leave your belongings in a lockable locker. Please use the bathroom in the changing room.
- Please avoid bringing valuables and large sums of money.

【After Your Surgery】

- You will have a consultation with your doctor after the surgery. During the consultation, your doctor will make an appointment for your next visit and prescribed medication (painkillers, antibiotics, etc.).
- Drinking, smoking and taking a bath are prohibited until instructed to do so. You can take a short shower covering your wound with a plastic bag the day after the surgery
- You will need to have regular follow-up appointments after your surgery; please make sure to attend them according to your doctor's instructions.
- Please contact us if you have any symptoms such as bleeding (continuous), excruciating pain, or persisted high fever.
 - Orthopaedic Surgery Outpatient Department: 078-382-6930 (Weekdays 8:30-17:00)
 - Emergency Room: 078-382-6510 (Night time, Weekends and Holidays)