Elective Program
University of Indonesia (4th – 29th April 2016)
Reiichi Okino (Kobe University)

I participated in clinical elective program at Rumah Sakit Dr.Cipto Mangunkusumo (RSCM) from 4th April to 29th April. RSCM is the teaching hospital of Universitas Indonesia.

In Indonesia, almost half of the public were uninsured until the universal health insurance system went into effect in 2014. Government aims to make this system cover the whole country. The new system consist of 2 insurance systems, one is for the wealthier, the other is for the poor. RSCM is one of the largest national hospitals for the latter system.





· Pediatrics

I participated in Pediatric Department for the first 2 weeks, and joined 10 different divisions (Nutrition, Neurology, Respiratory, Endocrinology, Hematology, Gastrohepatology, Nephrology, Perinatology, Developmental Pediatrics, Imunology). There are more than 70 pediatricians in this hospital, and the department has their own building which is called Kiara. It is still under construction, and only used for outpatient clinic for now. There will be pediatric ward in Kiara in next few years.

In my practice, I could join morning round in the ward and observe outpatient practice everyday. I had discussions with my supervisors and students from university of Indonesia on patients there. I could observe some cases which are endemic in the tropics or south-eastern Asia, for example, dengue hemorrhagic fever or thalassemia.





Surgery

In surgery department, I joined digestive division and pediatric division.

Everyday I joined morning round and observed surgeries. There were case conferences several times a week. Although most morning round and conferences conducted in Indonesian language, my supervisors and residents translated into English for me. Also in operation room, surgeons gave me a detailed explanations of the cases they were dealing with, so I could understand what they were doing.

I had an opportunity to make a presentation about a patient after case conference in the morning, and discussed with students and my supervisor

on the case. It was a good experience making presentation and answering questions all in English. I was impressed with English skill of medical students at university of Indonesia. All students and doctors I met in the hospital could speak English very well.







I stayed at PURI SALEMBA during my elective program. It is located center of Jakarta, and not so far from RSCM. Every staff was always kind to me, so I could stay comfortably all the time in Jakarta.

People in the hospital were so kind as well. All the doctors and students I met were very friendly. They made my days enjoyable. Thanks to all who had supported, I could finish my 4 week clinical training. I leaned a lot through this valuable experience.