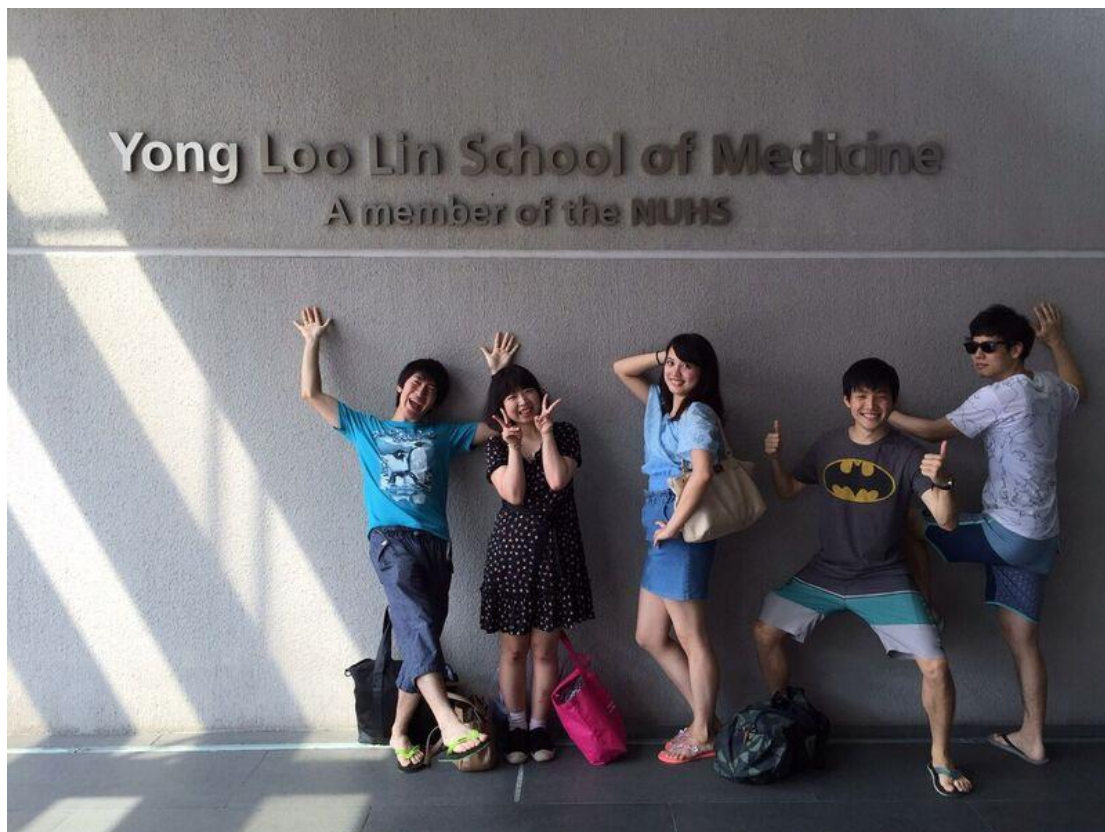


Report for Overseas Exchange Program 2016

1153515M 13 Michiko Ohashi
Kobe University Japan

National University of Singapore A&E
Singapore General Hospital Dermatology

from 4th April 2016 to 15th April 2016
from 18th April 2016 to 29th April 2016



National University of Singapore A&E

NUS A&E sets 3 shift. The daytime shift is from 8 to 16, the evening shift is from 16 to 22, the night shift is from 22 to next morning 8. I practice on the daytime shift.

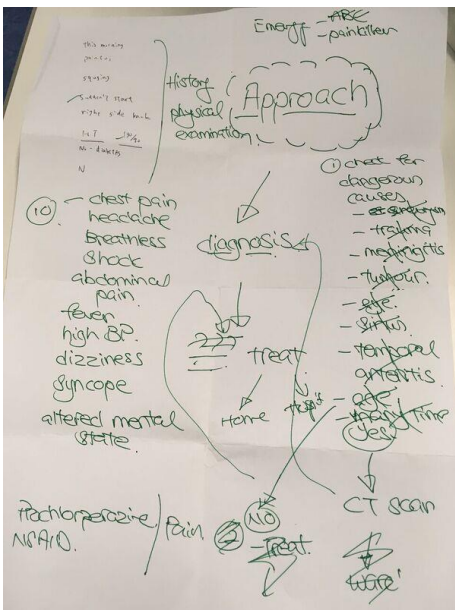
I examined a lot of patients with my supervisor. It was good that I can study medical emergency and trauma. When we have time, my supervisor lectured to me about how to approach to basic symptom, for example chest pain, dizziness, headache and breathless. Also, I gave presentations to my supervisor about patient's interview and medical examination with NUS students, and practiced trial examination for patient who has a headache. I experienced special practice which I couldn't practice when I was 5th grade in Japan.



With NUS students



With my supervisor



My teacher's lecture note



NUH main entrance

Singapore General Hospital Dermatology

SGH is located at the center of Singapore, and one of the biggest hospitals in Singapore. I chose SGH because I want to see a hospital in Singapore other than NUH.

In SGH Dermatology department, we have a conference at 8 o'clock every morning. After discussing about inpatients, we do ward rounds. Also, every afternoon we have Blue letters, it is a special round for patients in other departments. At the same time, the outpatient clinic starts at 9 o'clock. Morning clinic is from 9 to 12, Afternoon clinic is from 14 to about 17.

I practiced Blue letters on my first week, and I saw the outpatient clinic on my second week. Additionally, we have a lecture in lunch time on Monday, a journal study in lunchtime on Wednesday, a case report presentation after conference on Friday. I was satisfied because I could study a lot.

I'm especially interested in the outpatient clinic. There were many patients with psoriasis, atopic skin, drug eruption and alopecia. Also, I could see prurigo gestationis and an inheritable disease, for example Darier disease. But, there were not many patients with severe insect stings and miliaria which I expect to see. Patients were more old people than young people, so doctors said that the aging of population is an important problem in Singapore. Unlike Japan, almost couples both work in Singapore, so old patients are attended by helpers instead of their family. Sometimes, doctors haven't ever met patient's family. Japan and Singapore have the aging of population problem, but there is a big difference of culture. It is interesting for me.



With doctors and students

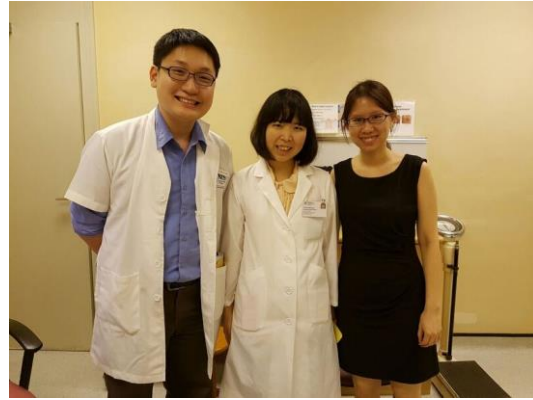
Schedule For Onasis Michiko
Period of Attachment: 18 - 29 April 2016
Supervisor: Dr Kirsten Yeo

	AM		PM
Monday 18 April	8am Morning Briefing @ AC 4-1 Academia Level 4	NSC Reg Clinic 2	Lunch Time Scheduled Teaching (if any) 2 pm blue letters
Tuesday 19 April	8am Morning Briefing @ AC 4-1 Academia Level 4 Followed By Grand Ward Round	Inpatient Ward Round	2pm blue letters
Wednesday 20 April	8am Morning Briefing @ AC 4-1 Academia Level 4	Dr Kirsten Yeo Clinic 2	Lunch Time Scheduled Teaching (if any) 2pm blue letters
Thursday 21 April	8am Morning Briefing @ AC 4-1 Academia Level 4	Inpatient Ward Round	2pm blue letters
Friday 22 April	8am Morning Briefing @ AC 4-1 Academia Level 4	Inpatient Ward Round	Research/Academic

Schedule of a week



Hawker center near SGH



With student and my supervisor

Daily life

Buildings are new, no trash, Singapore is very clean country. Singapore food are very good, so I was always happy.

The most delicious food in Singapore was Chicken rice. Also, Laksa which is one of Malaysian cuisine was very good. We had dinner with students of NUS every after practice, and go sightseeing every weekend.

I recommend National museum of Singapore to visit. It is very beautiful white building, and we can learn history and culture of Singapore. It was special for me to see displays of World War II. I got to know Japan occupied Singapore for the first time. Displays are seriously, scary and good studying. Other than war, there are a lot of interesting displays about history of trade with European countries and developing story of Singapore. It was very good experience to visit National museum of Singapore.

I had fulfilling time very much. It was very fun to study and enjoy Singapore. Thank you very much for NUH and SGH doctors, Mrs Miwa and all people who helped me go to Singapore.



Merlion



National Museum of Singapore



Dinner with NUS students



Reverse bungee jumping