

Indonesia University

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Kobe University Faculty of Medicine

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Introduction

I visited Indonesia University from April 2nd to May 1st for clinical training. Although I have traveled several countries before, this is the first time to study abroad. So I couldn't imagine how it was. I only knew Indonesia was very hot. But as a result, this clinical training taught me very important things. I could study a lot of diseases. Also I could learn Indonesian culture and religion.



Picture 1: Traffic Jam in Jakarta



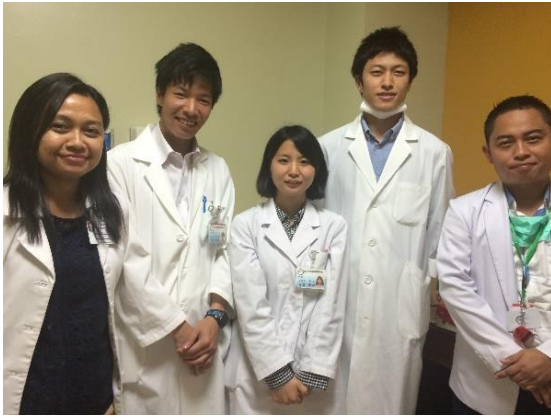
Picture 2: With my Indonesian friends

Hospital

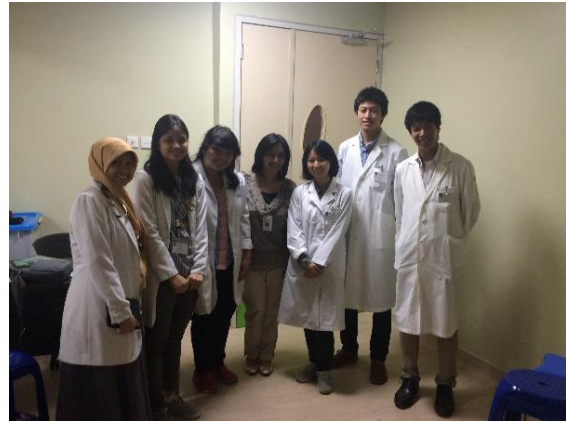
I went to the RSCM (Rsup Nasional Dr. Cipto Mangunkusumo) hospital for the clinical training. There are so many patients in the RSCM hospital that patients have to wait for a long time. I heard that patients had to come to the hospital at 4 am to see a doctor in the noon. Surprisingly, in each pediatrics outpatient room, 4 patients took medical advice from doctors at the same time. Although it is hard to do the same thing in Japan because of the patient privacy problem, I think it was a nice system. Because doctors can share the patients' information and discuss about physical findings, diagnosis and treatment.

Pediatrics

In first and second weeks, I practiced in a pediatrics department. I could see a lot of patients in the hospital. Some patients suffered from Dengue fever, HIV, thalassemia and tuberculosis. We seldom see these patients in Japan. Thus Japanese doctors have few opportunities to take physical findings from these patients. As a matter of fact, I had never seen these patients in Japan when I met the patients. It was a various experience for me to study in Indonesia. The doctors explained how to take physical findings to me. It was hard for me to understand all the things they said because of my lack of English skills. But doctors sometimes showed pictures and did to the patients actually. It really helped me to understand. I also studied about the diseases after school. In result, I was able to know a lot of diseases in Indonesia.



Picture 3-1: With the pediatricians



Picture 3-2: With the doctor and local students

Surgery

In third and fourth weeks, I studied in Cardio thorax and Urology divisions. In the cardio thorax division, the doctors perform two operations in a day. I saw both children and adults cardio thorax operations. It was the first time to see the children cardio thorax operations. It was more difficult to operate on children patients. Because they have smaller organs, which means surgeons have to perform with minute attention. There are another problem. Doctors can stop hearts with a heart lung machine. But children are premature, so they must be performed operations as soon as possible. The doctor who taught me said that the most important thing is to perform accurately. He also said surgeons have to know themselves. They must not do the operations beyond their real skills.



Picture 4-1: With the surgeons



Picture 4-2: With the surgeons

Conclusion

After a month clinical training, I could understand various values of Indonesian culture. Having such a precious experience in Indonesia, I want to become a doctor who



cooperate with doctors in other countries each other. These things really motivated me to study medicine and English. I want to appreciate to all the people I met. Thank you.

Picture 5: In Bali

Picture 6: In Borobudur