

2015

Exchange Program



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1.Introduction

I did my clinical clerkship at Dr.Hasan Sadikin hospital in Bandung, Indonesia from 6th April to 1st May. I studied in respiratory medicine, gastroenterology, infectious diseases and hematology for 1week respectively.

2.About Dr.Hasan Sadikin hospital

Bandung is the capital of West Java, with a population of 8.6 million people. It is the third largest city in Indonesia.

Dr.Hasan Sadikin hospital is located in Bandung, and the biggest hospital in West Java. It has 996 beds for inpatient. This hospital has huge site area, and each department's buildings are connected by roofed passage without wall. When it rains heavily, a part of passage is soaked with rain. On the road surrounding the hospital, there are many food stalls. Many staff of the hospital use them.



3.Respiratory medicine

I studied in respiratory medicine in 1st week. In this department, I studied in 2 isolation wards for severe tuberculosis patients and mild tuberculosis patients, an emergency room, an inpatients' ward and an outpatient clinic. I got the impression that there were many tuberculosis patients. The prevalence of tuberculosis in Indonesia is 272 per 100,000 population, while 23 per 100,000 population in Japan. I think the protection against tuberculosis is not enough. Doctors seeing tuberculosis patients sometimes don't wear N95 masks. And, Patients sometimes don't wear masks.

I also got an impression that doctors in Indonesia take long time for physical examination. Especially, vocal fremitus and percussion are usually used.

Ultrasonography and X-ray photograph are usually used, but CT scan is hardly used. It is because they have few CT scan equipment and it costs too much.

4.gastroenterology

In 2nd week, I studied in gastroenterology. In this department, I studied in an emergency room, an inpatients' ward and an outpatient clinic.

There are many HBV and HCV patients in Indonesia, whose prevalence are 10% and 2.1%. In this department, doctors take a long time for physical examination. They use a scale to evaluate splenomegaly, which divide the distance between costal arch and anterior superior iliac spine into 8 the same length.

5.infectious disease

In 3rd week, I studied in infectious disease. In this department, I studied in HIV outpatient clinic and inpatients' ward.

This hospital has an outpatient clinic dedicated to HIV patients. Approximately 40 patients come everyday. Almost all of them come for follow-up. When their level of CD4Tcell decrease, they are likely to get infectious of TB first of all. Doctors pay attention to TB.

In an inpatients' ward, there are some dengue patients and typhoid patients. These diseases are seldom seen in Japan, but are common in Indonesia. I studied these clinical features including blood test and skin manifestation. It is significant experience.

6.hematology

In 4th week, I studied in hematology. I studied in an outpatient clinic, inpatients' ward and a night shift at emergency.

I saw many thalassemia patients. In japan, this disease was thought to be rare before, but nowadays this is not so. I learned some typical cases. I had a precious experience.



7.daily life

I stayed in Bakti Kawaluyan Homestay. It is like an apartment. Each resident has 1 room. Rooms are clean, and like business hotel. But, one thing surprised me. There is no toilet paper. Instead of that, they use shower. I didn't get used to that to the end.

Almost all foods have strong taste, and some of them have much spice. But I like them. Nasi goreng is my favorite food.

When I went to Indonesia, the 60th anniversary festival of Asian-African conference was held. I enjoyed it with students who study in the same hospital.

I also went to volcano named Kawah Putih. It is located on the outskirts of Bandung. It is a verdant mountain and has a beautiful lake like a hot spring.

8. Conclusion

Through this program, I had many precious experiences.

I learned many tropical diseases which I seldom see in Japan. And, throughout this trip, I used English. Students in Indonesia speak English very well. I want to study English more.

I am glad that I could join this program. I really appreciate all the people who supported us.

