

Education of Global Medical and Health Science Leaders in the Coming Generation in Cooperation and Collaboration with ASEAN

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Master degree program

1. Introduction

I joined the 3 months program of this project and studied at Chiang Mai University Faculty of Nursing, Thailand. My main purpose is collecting data, but I also could join some interesting activity or program of Chiang Mai University. I'll introduce my experience briefly.

2. Abstract of my experiences

a. Community Visit Study

I joined some community visit studies and went to a small village, elementary school, and public orphanage. Every time students did the research of subjects (background, health problem, etc.), and make a plan of health education or activity. They could find the typical problem of the subjects precisely and make the original and useful program for improvement their health.

b. Hospital Observation at MAHARAJ NAKORN CHIANG MAI HOSPITAL

I visited to the obstetrical department, perinatal and postnatal care department, and operation room. This hospital is a public one so a large number of patients come here everyday. Also it has responsibility of research and development, so many the serious cases are carried here. At the practice program, students have to care not only the normal case but also these serious cases.

c. Presentation of my research

I got the chance to introduce my research to some master degree students. I talked about not only the abstract but also the details of ANS activity and assessment tools.

3. Impressions and Opinion

- Students can have very clinical experience at the practice more than I had imaged. And every student participated very activity. Also teachers were given considerable individual autonomy. The existence of Faculty of Nursing is connected with the community and has high responsibility to care the community health.
- The health problem situation in Chiang Mai is very similar in Japan. The number of people who have Hypertension, Diabetes, or elderly people is increasing. The effects of economic development and life style change are very large. Japan has the aging society earlier in the world, so we have the responsibility to show our experience and cooperate with each other to lead the health promotion in Asia countries.

4. Summary

I found that the level of nursing care is very high in Thailand. I could learn the good holistic care from this program. About the communication, my experience hit home to me how poor my English was. Also I regret not be able to speak Thai language. If I could speak some words, it would be much more easier to establish the good relationship with people. Anyway, this visit gave me priceless experience. I want to tell my experience to improve this exchange program.